



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## LuAnn Schroder

Lu Ann Schroder has been a fitness instructor at the Logansport Y for 32 years. Her love for dance inspired her to attend fitness classes at the Y as a teen. She enjoyed it to so much she applied for a job and has been teaching since. She figured she has taught well-over 5,000 classes in her time at the Y! Lu was born in Logansport and graduated from LHS. She attended Purdue University where she received her Bachelor's degree in Elementary Education. She received her Master's degree in education from IUK. She teaches third grade at Columbia Elementary. This is her 27<sup>th</sup> year teaching at CES. She is also an after-school tutor to students at Columbia.

Lu Ann currently resides in Twelve Mile, IN with her husband, Dan, her two children, Meghan and Luke, and dogs Wrangler and Sheldon. She works part time at The Gallery Home Furnishings. She enjoys spending free time with her family & friends, reading, and listening to music.



Working at the Y has not only made me more outgoing and friendly, but has inspired me to live a healthier lifestyle. The friendships I have made here at the Y inspire me to be a better person. "Success is not the key to happiness...Happiness is the key to success. If you LOVE what you are doing, you will be successful!"

### SPECIALTY AREAS:

Step Aerobics  
Cardio  
Core  
Sculpting

### CASS COUNTY FAMILY YMCA

905 East Broadway, Logansport, Indiana 46947  
P 574-753-5141 F 574-735-2905  
[www.casscountyyymca.org](http://www.casscountyyymca.org)



YMCA Mission:  
To put Christian principles into practice through  
programs that build healthy spirit, mind, and body for all.